



THE PONY CLUB – AREA 4 WINTER TRIATHLON COMPETITION

Qualifier for Winter Triathlon Finals

At Stantonbury Leisure Centre, Milton Keynes on Sunday 31st March 2019

at and by kind permission of

Calderstones School, Liverpool, L18 3HS

Saturday, 26th January 2019

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| 1. MINIS - under 7yrs (if enough entries)
Floats/aids are allowed. | Bean bags, 2 min swim, 500m run |
| 2. MINIMUS GIRLS 11yrs and under* | 7 metre shoot, 2 min swim, 1000m run |
| 3. MINIMUS BOYS 11yrs and under* | 7 metre shoot, 2 min swim, 1000m run |
| *Age 8 as on date of competition, all other ages as at 01.01.19 | |
| 4. JUNIOR GIRLS 14yrs and under | 7 metre shoot, 3 min swim, 1500m run |
| 5. JUNIOR BOYS 14yrs and under | 7 metre shoot, 3 min swim, 1500m run |
| 6. INTERMEDIATE / OPEN GIRLS 25yrs and under | 10 metre shoot, 3 min swim, 1500m run |
| 7. INTERMEDIATE / OPEN BOYS 25yrs and under | 10 metre shoot, 4 min swim, 2000m run |

ALL PHASES TO TAKE PLACE AT Calderstones School, Harthill Road, Allerton, Liverpool, L18 3HS

START: 10am - Phase times will be available at www.westlancashireinceblundell@pcuk.org the evening of Wednesday 23rd January 2019.

SHOOT: Calder Gym. Turning targets will be used for classes 2-7. Minimus competitors may shoot with two hands.

N.B. Anyone under 18yrs MUST NOT CARRY GUNS, unless supervised by an adult over 21.

SWIM: The School Pool - competitors must wear swim hats. No outdoor shoes at poolside.

RUN: The School Sports Pitches

TEAMS: Teams to consist of 3 or 4 members from all classes (i.e. Girls or boys from each class), with the best three scores to count. There is no restriction on the number of teams a Branch/Centre may enter, although if the event is oversubscribed priority will be given to Area 4 members and may be restricted to one team per Branch/Centre.

Trophies to winning teams and individuals. Rosettes to 6th place in all classes.

N.B. Children must be supervised by an adult at all times. The school premises must be respected by competitors, spectators and parents. No muddy shoes/yard boots indoors. Absolutely NO dogs, litter or games on grassed areas.

Please bring packed lunches and refreshments as there is NO catering.

ENTRY FEE: £18 per person. **Closing Date for Entries:** Sunday 20th January 2019 unless full prior. No refunds after the close of entry.

Please complete the entry form and forward, with payment to Sally O'Brien, 42 Blundell Road, Hightown, Liverpool, Merseyside, L38 9EQ. Payments on line at <http://entrymasterlite.co.uk/index.php?alias=westlancsib>. When paying online the entry form must still be posted or emailed to westlancashireinceblundell@pcuk.org.

1. Save for the death or personal injury caused by the negligence of the organisers, or anyone for whom they are in law responsible, neither the organisers of this event or The Pony Club nor any agent, employee or representative of these bodies, nor the landlord or his tenant, accepts any liability for any accident, loss, damage, injury or illness to horses, owners, riders, spectators, land, cars, their contents and accessories, or any other personal property whatsoever, whether caused by their negligence, breach of contract or in any other way whatsoever.
Entries are only accepted on this basis.
2. The organisers of this event have taken all reasonable precautions to ensure the health and safety of everyone present at this event. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents. They must obey the instructions of the organisers and all officials and stewards.
3. Photographic Rights – competitors and their guardians give permission for any photographic and/or film or TV footage taken of persons or horses/ponies taking part in Pony Club events to be used and published in any media whatsoever for editorial purposes, press information or advertising by or on behalf of The Pony Club and/or official sponsors.



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POSTAL ENTRIES ONLY PLEASE BY DCs, CENTRE PROPRIETORS or their Representatives. NO INDIVIDUAL ENTRIES WILL BE ACCEPTED

Branch Name:							
Class	Please identify team members	Name	Age <small>as at 01.01.19</small>	Est. Swim (in metres)	Gun share? (with who?)	Entry Fee	L.H shoot? O/S swim?
Total Entry Fee Enclosed						£	

Signature of DC, Centre Proprietor or their Representative:		
Contact Name:	Phone Number:	Email address:

Will you be able to provide a lane walker for the swimming phase, or other steward if required on the day (must be age 18 years old or over) YES / NO
If YES, please provide contact name, phone number, and e-mail